

Basic Critical Incident Stress Management

Taught by Veteran CISD/CISM Instructor Janet Childs and Veteran Law Enforcement and Use of Force Instructor Barry Lewis

October 20 & 21 8am – 5pm

Hosted by: San Ramon Valley Fire District
& held at: 1500 Bollinger Canyon Road
San Ramon, CA 94583

**POST Plan IV
EMS C.E. 16 hours
STC Certified
\$190 for 2 days**

For: **Police Officers**, **Fire Fighters**, Public Safety Dispatchers, Emergency Medical Personnel, Search and Rescue, Chaplains, Field Supervisors, Mental Health Professionals, Military Personnel, Correctional Officers and Probation Officers.

- Learn the dynamics of Critical Incident Stress (CIS) as an occupational hazard
- Develop and refine CIS debriefing and defusing techniques
- Practice debriefing and defusing techniques
- Develop coping skills to identify CIS in yourself and your co-workers
- *Attendance in the Oct. 19 Managing CISM course is highly recommended!*

This training is divided into a 1 day (Managing CISM – Oct. 19) and 2 day course. Students can elect to attend the one-day or two-day course. Agencies interested in forming a peer support and CISM team are encouraged to attend all three days of training.

Tuition - \$190 for 2 days

**POST Plan IV #1082-10563-10-003
EMS CE # 41-0018 (16 hours CE) STC # 05338-054612**

Relevant Information For ALL First Responders

TO REGISTER:

On The Web: www.TrainingForSafety.com

Via Email: Carole.deGery@TrainingForSafety.com

By Phone: (650) 692-0437 Extension 107 By Fax: (650) 472-9130