

TRAINING FOR SAFETY, INC.

~ Strategies for dealing with the effects of stress / Building Peer Support and CISM Teams ~

Managing Cumulative & Critical Incident Stress

For **Law Enforcement**, **Fire Fighters**, **EMS**, **Chaplains**, **Corrections**, **Probation** and **Nurses**

Useful Training for Health Care Professionals
Military and Teachers.

November 27, 2012 8am – 5pm

POST Plan IV 1082-22322-12-002
EMS CE # 41-0018 (8 hours)
STC # 05338-054592
BRN# 15673 (8 hours)

\$109 tuition

Hosted by: **San Francisco Police Dept.**
Held at: **San Francisco Police Academy**
350 Amber Drive
San Francisco, CA 94131

Instructor:

Janet Childs, Veteran CISM/CISD Instructor

Included topics are:

- **Acute, Delayed, Cumulative, and Occupational Stress Management**
- **Stress vs. Grief**
- **Signs of Stress and Grief Response**
- **Support and Coping Techniques**
- **Introduction to Critical Incident Stress Debriefing Techniques**

Students interested in attending the 2 day course (Basic CISM) are required to have attended the Managing CISM course. It is highly recommended that students attend all 3 days of training.

Tuition:

\$109 for 1 day / \$218 for 2 days / \$327 for all 3 days

Basic Critical Incident Stress Management

For **Law Enforcement**, **Fire Fighters**, **EMS**, **Chaplains**, **Corrections**, **Probation** and **Nurses**

Useful Training for Health Care Professionals
Military and Teachers.

Nov. 28 & 29, 2012 8am – 5pm

POST Plan IV 1082-10563-12-002
EMS CE # 41-0018 (16 hours)
STC # 05338-054612
BRN# 15673 (16 hours)

\$218 tuition

Hosted by: **San Francisco Police Dept.**
Held at: **San Francisco Police Academy**
350 Amber Drive
San Francisco, CA 94131

Instructors:

Janet Childs, Veteran CISM/CISD Instructor
Barry Lewis, Veteran Public Safety & Use of Force Instructor

Included topics are:

- **Learn the dynamics of CIS as an occupational hazard**
- **Develop and refine CIS debriefing and defusing techniques**
- **Practice debriefing and defusing techniques**
- **Develop coping skills to identify CIS in yourself and your co-workers**
- **Attendance in the 1 day Managing CISM course is mandatory!**

Agencies interested in forming a peer support and CISM team are encouraged to attend both courses.

Tuition:

\$109 for 1 day / \$218 for 2 days / \$327 for all 3 days

TO REGISTER:

On The Web: www.TrainingForSafety.com

By Phone: (650) 692-0437 Extension 107 By Fax: (650) 472-9130