

TRAINING FOR SAFETY, INC.

~ Strategies for dealing with the effects of stress / Building Peer Support and CISM Teams ~

Managing Cumulative & Critical Incident Stress

For **Law Enforcement**, **Fire Fighters**, **EMS**, **Chaplains**, **Corrections**, **Probation** and **Nurses**

Useful Training for Health Care Professionals
Military and Teachers.

March 21, 2012 8am – 5pm

POST Plan IV 1082-22322-11-004
EMS CE # 41-0018 (8 hours)
STC # 05338-054592
BRN# 15673 (8 hours)

\$109 tuition

Hosted by: **Alameda County Sheriff's Office**
Held at: **6289 Madigan Road**
Dublin, CA 94568

Instructor:

Janet Childs, Veteran CISM/CISD Instructor

Included topics are:

- Acute, Delayed, Cumulative, and Occupational Stress Management
- Stress vs. Grief
- Signs of Stress and Grief Response
- Support and Coping Techniques
- *Introduction to Critical Incident Stress Debriefing Techniques*

Students interested in attending the 2 day course (Basic CISM) are required to have attended the Managing CISM course. It is highly recommended that students attend all 3 days of training.

Tuition:

\$109 for 1 day / \$218 for 2 days / \$327 for all 3 days

Basic Critical Incident Stress Management

For **Law Enforcement**, **Fire Fighters**, **EMS**, **Chaplains**, **Corrections**, **Probation** and **Nurses**

Useful Training for Health Care Professionals
Military and Teachers.

March 22 & 23, 2012 8am – 5pm

POST Plan IV 1082-10563-11-004
EMS CE # 41-0018 (16 hours)
STC # 05338-054612
BRN# 15673 (16 hours)

\$218 tuition

Hosted by: **Alameda County Sheriff's Office**
Held at: **6289 Madigan Road**
Dublin, CA 94568

Instructors:

Janet Childs, Veteran CISM/CISD Instructor
Barry Lewis, Veteran Public Safety & Use of Force Instructor

Included topics are:

- **Learn the dynamics of CIS as an occupational hazard**
- **Develop and refine CIS debriefing and defusing techniques**
- **Practice debriefing and defusing techniques**
- **Develop coping skills to identify CIS in yourself and your co-workers**
- **Attendance in the 1 day Managing CISM course is mandatory!**

Agencies interested in forming a peer support and CISM team are encouraged to attend both courses.

Tuition:

\$109 for 1 day / \$218 for 2 days / \$327 for all 3 days

TO REGISTER:

On The Web: www.TrainingForSafety.com

By Phone: (650) 692-0437 Extension 107 By Fax: (650) 472-9130