

Advanced Dispatcher Update Managing Cumulative & Critical Incident Stress

April 20, 2012

Hosted by: **Torrance Police Department**
Held at: **3300 Civic Center Drive**
Torrance, CA 90503

POST Plan II
Backfill Reimbursed

Tuition: \$109

Course Hours: 8 am - 5 pm

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Included topics are:

- Acute, Delayed, Cumulative, and Occupational Stress Management
- Stress vs. Grief
- Signs of Stress and Grief Response
- Support and Coping Techniques
- Introduction to Critical Incident Stress Debriefing Techniques

Taught by Veteran CISM/CISD Instructor
Janet Childs, M.A., AAETS – Diplomate

This one-day course is designed for **experienced Public Safety Dispatchers and Supervisors**. It fulfills part of the POST Commission Regulations 1005, 1008 and Procedure D-2 requirement that all Public Safety Dispatchers and Supervisors receive 24-hours of Continuing Professional Training every two years

The course is POST approved, Plan II Backfill reimbursed
Technical, Certification Number 1082-30920-11-014

Understanding & Managing The Effects Of Stress

TO REGISTER:

On The Web: www.TrainingForSafety.com (click on "Schedule")

For more information Email: Carole.deGery@TrainingForSafety.com

By Phone: (650) 692-0437 Extension 107

By Fax: (650) 472-9130