

# *Tools for Survival - Managing Cumulative and Critical Incident Stress*

**Taught by Veteran CISD/CISM Instructor Janet Childs and Veteran Law Enforcement and Use of Force Instructor Barry Lewis**

**May 5, 2010 8am – 5pm**

**Hosted by:** CAL Fire Mendocino Unit  
**Held at:** CAL Fire Mendocino Unit  
17501 N. HWY 101  
Willits, CA 95490

**POST Plan II  
EMS C.E. 8 hours  
STC Certified  
\$95 for 1 day**

For: **Police Officers, Fire Fighters, Public Safety Dispatchers, Emergency Medical Personnel, Search and Rescue, Chaplains, Field Supervisors, Correctional Officers and probation Officers.**

- Acute, Delayed, Cumulative, and Occupational Stress Management
- Stress vs. Grief
- Signs of Stress and Grief Response
- Support and Coping Techniques
- *Introduction to Critical Incident Stress Debriefing Techniques*

*This training is divided into a 1 day and 2 day course (Basic CISM – May 6 & 7). Students can elect to attend the one-day or two-day course. Agencies interested in forming a peer support and CISM teams are encouraged to attend all three days of training.*

**Tuition - \$95 for 1 day**

**POST Plan II EMS CE # 41-0018 ( 8 hours CE) STC # 05338-054592**

***Relevant Information For ALL First Responders***

**TO REGISTER:**

On The Web: [www.TrainingForSafety.com](http://www.TrainingForSafety.com)

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