

# Advanced Dispatcher Update Managing Cumulative & Critical Incident Stress

**June 21, 2012**

Hosted by: **S.F. US Park Police Department**  
Held at: **1163 Gorgas Ave**  
**Presidio San Francisco, CA 94129**

**POST Plan II**  
**Backfill Reimbursed**

**Tuition: \$109**

**\*\*\* Special late start hours: 10 am – 7:00 pm**

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*Included topics are:*

- Acute, Delayed, Cumulative, and Occupational Stress Management
- Stress vs. Grief
- Signs of Stress and Grief Response
- Support and Coping Techniques
- Introduction to Critical Incident Stress Debriefing Techniques

***Taught by Veteran CISM/CISD Instructor***  
***Janet Childs, M.A., AAETS – Diplomate***

This one-day course is designed for **experienced Public Safety Dispatchers and Supervisors**. It fulfills part of the POST Commission Regulations 1005, 1008 and Procedure D-2 requirement that all Public Safety Dispatchers and Supervisors receive 24-hours of Continuing Professional Training every two years

**The course is POST approved, Plan II Backfill reimbursed**  
**Technical, Certification Number 1082-30920-11-020**

***Understanding & Managing The Effects Of Stress***

**TO REGISTER:**

On The Web: [www.TrainingForSafety.com](http://www.TrainingForSafety.com) (click on "Schedule")

For more information Email: [Carole.deGery@TrainingForSafety.com](mailto:Carole.deGery@TrainingForSafety.com)

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